

Oregon Youth Basketball League
Evaluation Instruction Rubric - 5/6 Pivoting

Skill:	Pivoting					
Grade Level:	5/6 Grade co-ed (targeted skill is in gray box)					
General Description:	A basketball player should be able to pivot in a forward motion. Shoot the basketball toward the basket. Ideally, a player should be able to pivot to gain an advantage in shooting, dribbling or passing.					
Category		1	2	3	4	5
Pivot to pass		Player controls the pivot foot and can go forward or backward prior to passing. The pivot is used as an offensive weapon to pass to a streaking teammate or fake out the defender.	The pivot is used usually to turn backward and protect the ball from defender. Pass usually is deensive.	Player still moves the pivot foot in a slight lateral motion. Player does not use pivot to provide momentum to the pass.	Player is aware of pivot foot but drags the foot prior to passing.	Player is unaware of pivot foot when passing.
Pivot to shoot		Player controls the pivot foot and uses it as an offensive weapon to get a better angle on the basket or as part of a shoulder fake when creating a shot.	The pivot is used usually to turn backward and protect the ball from defender. If the player shoots it results in awkward turn around shot.	Player still moves the pivot foot in a slight lateral motion. Player tries to get off shot by dragging pivot.	Player is aware of pivot foot but drags the foot when going up for a shot.	Player is unaware of pivot foot when shooting.
Pivot to dribble		Player uses the pivot foot as an explosive move to him/her of a defender. Player uses both pivots equally.	Pivot is used as a first step, but the move is not explosive and it tends to be toward strong side.	Player still moves the pivot foot in a slight lateral motion prior to dribbling or using different pivot feet at the conclusion of dribbling.	Player is aware of pivot foot but drags the foot prior to dribbling.	Player is unaware of pivot foot when dribbling.
Overall		Player controls the pivot foot and can go forward or backward. The pivot is used as a offensive weapon.	Player maintains the pivot foot but not for an advantage. The pivot is used for protection.	Player still moves the pivot foot in a slight lateral motion.	Player is aware of pivot foot but drags the foot.	Player tends to change pivot foot and travel.

Drill 1:(Triple Threat)

Player catches ball - pivot shoot, pivot pass or pivot dribble.

Drill 2: (Passing)

Line players up 5 ft apart all facing front. "A" pivots 180 deg. Passes to "B". "B pivots opposite passes to "C".